

## ABSTRACT

[0034] A handle for a lacrosse head is provided. The handle includes a hollow metal tube having an interior surface and an exterior surface. The hollow metal tube has a first end for communicating with a throat portion of a lacrosse head and a second end opposing the first end. The hollow metal tube has a first thickness defined by a distance between the interior surface and the exterior surface at one location along the hollow metal tube and a second thickness defined by a distance between the interior surface and the exterior thickness at another location along the hollow metal tube. The first thickness has a greater magnitude than the second thickness.